



GROUNDING IN FAITH. TRANSFORMING LIVES. BUILDING HOPE.

Bethesda House

### Things Available to You at BH:

- Your own bedroom with furniture including bed, dresser, bassinet or crib, changing table
- Internet access
- Diapers & wipes, baby care, baby toys, & personal baby monitors
- Use of all common areas, including an education room with multiple computers
- Personal Care Items like: deodorant, toothbrush/paste, shampoo/conditioner, hairbrush, feminine care products, over-the-counter medications, makeup, shaving needs (you can also bring your favorites if you want)
- Clothing, if needed
- Help with filing applications for benefits
- Transportation to/from appts., work, school, etc.
- Babysitting
- Help with building goals & life skills (like meal planning & prep, resume writing, budgeting, etc.)
- Ability to earn BH Boutique Bucks to purchase maternity and baby needs

### You're Welcome to Bring:

- Clothing (for you & baby) like: undergarments, jeans, shirts, sweatshirts, exercise clothes, shoes/slippers, pajamas
- Personal accessories like: backpacks, hats, sunglasses, jewelry
- Glasses/contacts
- Hair appliances
- Appropriate reading materials like books or magazines
- A few small mementos
- Prescription medications
- Cell phone, if you have one

### What NOT to Bring:

- Weapons of any kind
- Household furniture or appliances, including personal TV
- Pets (small or large)
- Candles
- Revealing or provocative clothing like: very low cut tops, or super short shorts or dresses, clothing promoting drugs or violence
- ALCOHOL & DRUGS ARE NOT PERMITTED
- \* BH RESERVES THE RIGHT TO INSPECT OR SEARCH ROOMS, CLOSETS, OR PERSONAL ITEMS

**\*\*\*DRUG AND ALCOHOL USE IS PROHIBITED WHILE IN RESIDENCE AT BH.** Possession of such will result in immediate revocation of Residential Scholarship.

Any resident suspected of being under the influence will be asked to submit to a drug/alcohol screening. Random drug tests will be administered on a regular basis as well. A positive screening or a refusal of drug/alcohol screening (will be presumed positive) will result in Residential Scholarship being revoked. The resident will be asked to vacate the premises immediately.

**\*\*BH staff will help you fill out housing applications but staying at BH will NOT change your status with Section 8 or your local housing authority.**